



## About us?

A space where the Mayan wisdom and ancestral rituals are rescued and performed to harmonize, purify and balance the spiritual, physical and mental body. By including the four natural elements: earth, water, fire and air, the seven chakras are strengthened and the energy flow from head to toe are stimulated to reconnect us to our selves and our divinity.

## Our services

The menu offers well being services not only for your body, mind and soul.



### Body Massages

#### Relieving Massage

Dissolves trigger points in soft tissue caused by stress, poor postures and unbalanced circadian rhythm.

Estimated time 60min.....\$880.00

#### Relaxing Massage

Gentle, superficial and slow paced techniques that diminishes physical and mental stress.

Estimated time 60min.....\$880.00

#### Swedish Massage

A combination of relief and relaxing massage, it is a firm but gentle manual technique. By applying pressure and rubbing the tissue improves blood and lymphatic flow, decreasing pain and restoring elasticity throughout your body.

Estimated time 60min.....\$880.00

#### Shiatzu

A Japanese technique that resets your energy flow through fingerprint pressure on specific acupuncture points spread in your body, specifically in your back.

Estimated time 45min.....\$600.00

#### Lymphatic Drainage

By pumping your muscles, the accumulated lymph on your body moves towards natural cisterns to eliminate toxins and exceeded lymph from your body, giving a purifying and detox effect.

Estimated time 60min.....\$880.00

#### Hand And Feet Reflexology

This technique releases the accumulated stress and pain by applying pressure on specific reflex-nervous centers of our organs located in our ears, skull, hand palms and feet. It is a great option for those who are looking for relieve and have no much time.

Estimated time 45min.....\$550.00

#### Hot Stones

Obsidian stones are used to hold and provide sustained heat the whole session. Its biomagnetic properties help us to balance our energy, ensure fullness and harmony within our dimensional bodies.

Estimated time 90min.....\$1,250.00

#### Kids Relaxing Massage

A great choice for the little members of the family who enjoy and are in need of a relaxing moment. Kids can also be pamper with a massage.

Estimated time 30-45min.....\$557.00



### Body Treatments

#### Cacao

Recieve the benefits of cocoa in all its forms, starting with a body scrub, followed by a nourishing cocoa mask and continuing with a 30 min relaxing massage.

Estimated time 90min.....\$1,125.00

#### La Vid

Body scrub, body mask and relaxing massage. Raise your hand who doesn't like wine! If you are not raising your hand then this treatment is for you. Experience a red fruit body scrub to prepare your skin for a wine body mask, followed by a 30 min relaxig massage. What a delight!

Estimated time 90min.....\$1,150.00

#### Margarita

Body scrub, body mask and relaxing massage. If you are looking for a refreshing treatment this option is for you. Enjoy a pineapple and tequila body scrub, then be ready to recieve the gentle touch of yucca and moringa body mask. Finally a relaxing massage will transport you to a state of fullness. UFFF

Estimated time 90min.....\$1,150.00

#### Kabna Kin

**Luxury** body scrub, body mask and relaxing massage. For you who are looking for a nourishing-relaxing treatment, say yes to KABNA KIN. Based on mandarin and cactus recive at first a body scrub, then we'll nourish your skin with yucca and moringa body mask. And finallylly enjoy of a 30 mi massage with gold cream to shine as the sunlight.

Estimated time 90min.....\$1,215.00

#### Kaslem

**Luxury** body scrub, body mask and relaxing massage. We put together our best elements to pamper you as you deserve. First, enjoy of a mandarin and cactus based body crub to later give way to a full body mask of your choice (ask for available options available for you) and finishing with a relaxing massage with gold cream that wil moisturize your skin.

Estimated time 90min.....\$1,250.00

#### Phykos Aak

Body scrub, reductive body mask and molding massage. Mother Earth surrounds us with abundant blessings, such as coffe grains and seaweed. Which, in addition of being very nutritious, have a reductive effect on our body. Accompanied by a molding massage will help us to sculpt your monumental body.

Estimated time 90min.....\$1,150.00

#### Baño Ancestral

A bath tub with sea salt and selected healing herbs that will lead you to a relaxing state and will help you to detox your body from toxins. Combined with a meditation with Tibetan singing bowls which will connect you with yourself and your divinity. You will also enjoy a brief skull, neck and shoulder massage. A complete body, mind and soul treatment under water.

Estimated time 90min.....\$897.00



### Facial Care Treatments

#### Oro Maya

Excelent option for mature skin with aging signs, it is a 14K gold-based facial that will brighten and nourish your face.

Estimated time 60min.....\$1,008.00

#### Vinoterapia

Mature skin. Did you know that... Wine contains Resveratrol, a natural substance that has a rejuvenating effect directly on the DNA. Improving every biological process of our organism and making it more efficient.

Estimated time 60min.....\$978.00

#### Nopalli

Ideal for dehydrated skin, which seeks to oxygenate and restore its vital luminosity.

Estimated time 60min.....\$890.00

#### Munyal

Sensitive skin. It contains chamomille, arnica, green tea and orchid, which will hydrate with a unique and subtlely touch.

Estimated time 60min.....\$788.00

#### Aloe Citrus

If you tend to have an oily skin, this facial is for you! The citric touch will balance your skin's pH revitalizing and moisturizing it with the properties that the Aloe gives us.

Estimated time 60min.....\$889.00

#### KABNA

Devitalized skin / Mature skin. The perfect combination of a good facial massage mixed with the benefits of wine and stem cells will restore firmness and elasticity to your face.

Estimated time 60min.....\$993.00



### Combos



#### You & Me

Relaxing massage for two. Enjoy a relaxing massage with the person of your choice (mom, dad, brother, sister, friend...) and create experiences together that tomorrow will be memories.

Estimated time 60min.....Price per couple.....\$1,408.29

#### Romantic Getaway

Ancestral bath and couples relaxing massage. Let's get romantic! Spend quality time with your significant other, the one who steals your breath away every morning and whom you share your self. Strengthen that bond from the depths with and ancestral bath and continue with a relaxing massage which will lead you to a fullness state onf mind, body and soul.

Estimated time 2hrs.....\$2,843.30

#### Facial Detox

If you enjoy taking care of your skin, this combo is for you. Starting with a deep cleansing facial to remove impurities and prepare your skin for a complete rehydration treatment with our natural products (parabens and sulfate free) on the second session. Finally when your skin is restore you'll recieve a pumping a final facial treatment that will lift and nourish your face, giving your a healthy and luminous appearance.

Estimated time per therapy 60min.....\$2,594.31

#### Day Spa

NOPALLI facial, Ancestral Bath and Relaxing Massage. Looking for a getaway? A Day Spa is the best option for you, 3 hours of total disconnection of the world and a super re-connection with yourself. A perfect mix of skin and entre care e integral.

Estimated time 3hrs.....\$2,133.60

#### Sun Cycle

KABNA / ORO MAYA Facial and an Ancestral Bath.

Happy Birthday! Did you know that the sun comes back to its own position when you were born? Filling you with the best energy 10 days before and after your b-day. A perfect opportunity to purify yourself and be ready to recive every blessing you wished for.

Estimated time 2hrs.....\$1,524.51

#### Natural Vera

If you fell in love with our body treatments but felt like you needed a facial treatment NATURAL VERA is for you. Enjoy of a body scrub, a mud body mask and a facial treatment with a clay mask that will revitalize your skin. Last but not least, a relaxing massage will make of this 90-min-combo, a perfect experience.

Estimated time 90min.....\$1,327.22

Mexican taxes included



DOS PATIOS  
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